

Lifting the Lid on PTS: Strengths-Based Support and System Reform. Compere: Simon Whitter

9:30 – 9:45	The PTS Response: Setting our aspirations This session will give a brief overview of the PTS (Person-led, transitional, strength-based) Response, where it came from, and the key principles that make it different. Alex Fox, Chief Executive of Mayday Trust
9:45 – 10:15	The New Economics Foundation Report A newly published report will set out the results of a longitudinal study considering the impact and effectiveness of the PTS Response. This session will provide a headline overview of the report and what we can learn from it. Beti Baraki, NEF Consulting.
10:15 – 11:00	The coaching relationship: a respectful and dignified experience The NEF report identifies that building positive relationships is one of the most critical elements to making PTS a success. This session explores how those relationships are created, also how we successfully <i>end</i> relationships with coaches, so that longer-term impact is maintained. Jen Daffin, Platform Trauma Informed Practice Lead, Jhoana Serna PTS Coach, Helen O’Callaghan Williams, PTS Coach.
11:00 – 11:15	BREAK
11:15 – 12:00	Social connections and positive networks How do coaches reconnect relationships as part of the PTS Response? What does this look like? Reconnecting people to their communities and giving them the freedom to lead their own journey based on their strengths and personal interests, is central to the PTS Response. We also need to consider services as one of the options available to people – is this going to change the system, or maintain the existing barriers? This session will consider the benefits of working in this way, whilst challenging us to think differently. Catherine Collis, Director of PTS, Mayday Trust. Danielle Grufferty, PTS Coach. Samantha Abram, The Brick.
12:00 – 12:30	System Change: The Role of PTS Just changing the way we work alongside people going through tough times is not enough. We need to ensure that what we do leads to changing the system that re-traumatises, traps and stigmatises people – in an often inhumane, bureaucratic world. This session will explore the idea of system change and how the PTS Response is a key part of this move towards change. Panel: Robert White, Mayday Trust. Oliver Townsend, Platform. Joyce Juma-Phiri, Four Square.
12:30 – 13:00	What next? In the final session, we will summarise what we have learned today, and consider how we can take the next steps together, continuing to build our network and alliance to change the system. Alex Fox, Chief Executive of Mayday Trust. Ewan Hilton, CEO of Platform x1

